

# Hepatitis A Symptoms and Prevention Guide For Students And Event Organizers

## What is Hepatitis A?

Hepatitis A is a highly contagious virus that targets the liver. The virus is spread through person-to-person contact or contamination of food and water.



### Who is at risk for contracting Hepatitis A?

- Students, staff, and faculty.
- Children.
- People visiting countries where Hep A is common.
- Individuals who live with, or have had sexual contact with, someone who has Hepatitis A.

### Symptoms Associated With Hepatitis A

Fever

Loss of Appetite

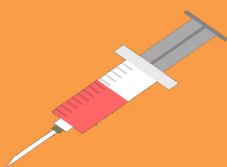
Yellow Eyes or Skin (Jaundice)

Nausea and Vomiting

Abdominal Pain and Discomfort

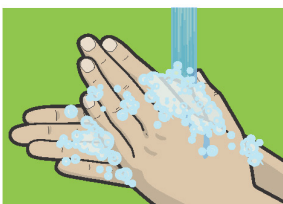
Dark Urine or Pale Stool

### How do we prevent Hepatitis A infection?



#### GET VACCINATED

To prevent future infections.



#### WASH YOUR HANDS

Before and after all meal preparations.



#### ALWAYS USE SOAP

Or hand sanitizer for hand washing.

For more information visit <https://www.cdc.gov/hepatitis/hav/>



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