UT Austin Individual Dose Report Instructions

Step 1: Log in at [www.myldr.com](http://www.myldr.com)  
**Username:** UTAustin  
**Password:** Radiation!  
(Case sensitive)

Step 2: Select your account from the dropdown menu. On the next page, enter the account # and serial # on the back of your badge to retrieve information.

Step 3: View your data. The summary screen allows you to view your most recent monthly or quarterly results, the last 2 years' totals, and lifetime. The View Details button allows you to see your exposure period by period for the last 2 years.

Step 4: Understand your dose.
• DDE (Deep Dose Equivalent) and SDE (Shallow Dose Equivalent) correspond to whole body dose while LDE (Lens Dose Equivalent) corresponds to the eye lens dose. Extremity dose corresponds to dose received by hands.

Please email radstaff@austin.utexas.edu for any questions or comments regarding dosimetry.